

January 16th, 2026

SACRED HEART SCHOOL

NEWSLETTER



*Live
Celebrate
Proclaim*

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IMPORTANT DATES

January

- January 14 Hot Lunch
- January 21 School Mass hosted by Class 4
- January 23 Sweet Treat Friday
- January 26 Vancouver Warriors/Delta Lacrosse School Visit
- January 28 Spirit Day/Hot Lunch
- January 29 5:30-8pm Celebrate our School / Open House

FEBRUARY

- February 11 Hot Lunch
- February 20 Sweet Treat Friday
- February 25 Spirit Day/Hot Lunch

Wednesdays Hymnin
(when there is no School Mass): 9:00am-9:30am.

A Message from the Principal

Dear Sacred Heart School Families,

Over the past few weeks, I have had the opportunity to meet with several new families who have applied to Sacred Heart School for the upcoming school year. In each conversation, what has stood out most clearly is their desire to be part of something meaningful, a faith-filled community grounded in our Augustinian values of TRUTH, UNITY, and LOVE. They speak about wanting a school where children are known, supported, and encouraged to grow not only academically, but also spiritually and socially.

When families and school work together we are able to help each child become the best version of themselves, the person God created them to be. This spirit of collaboration is especially evident right now as basketball season is in full swing. This past week was filled with practices, CISVA league games and tournaments. Our gym has been full of bouncing balls, squeaking shoes, and laughter from 7:30am until well after 4:00pm. I would like to congratulate our students on their hard work, commitment, and the positive way they are representing Sacred Heart both on and off the court. I am also grateful to the students who have generously given their time to scorekeep. Your support plays an important role in the success of our games.

Thank you to our parent community for the early morning drives to practices, the time spent travelling to tournaments, coaching, and the constant encouragement you offer our children. Thank you as well to our staff members who generously donate their time to coach, referee, and support our teams.

I am grateful for all that each and every one of you do to make Sacred Heart such a welcoming and caring community. Have a great weekend.

God Bless,

Kelly Kozack



Living, Celebrating & PROCLAIMING OUR FAITH



NO SCHOOL DATES & EARLY DISMISSAL

- January 19 NO SCHOOL: Staff Retreat
- February 12 NO SCHOOL: Catholic Educators Conference
- February 13 NO SCHOOL: Catholic Educators Conference
- February 16 NO SCHOOL: Family Day

Missions Club

This month, Missions Club donations will support our local Food Bank. Through this effort, we live out our calling to serve others and care for those in need within our community. Thank you for your generosity and for partnering with us in this mission.

When ordering hot lunch on MunchaLunch, please remember to add the \$2 Missions Club donation to your cart.

Hot Lunch & Sweet Treat Friday

Jan 23 – LEE's Donuts Order cut-off: Jan 18 at 11:59 pm

Jan 28 – Pizza Hut & Café de Gourmet (Spirit Day) Order cut-off: Jan 20 at 11:59 pm

Jan 29 – SHS Open House (Spaghetti Dinner) Order cut-off: Jan 23 at 9:00 am



Hot Lunch

Our next hot lunch is on January 28, catered by Pizza Hut & Café de Gourmet! Please place your orders by January 20 at 11:59 p.m

The order deadline for January's Sweet Treat Friday is Sunday, January 18 at 11:59 p.m.

Spirit Day Jan 28

Get ready, Sacred Heart! Our next Spirit Day is coming up on January 28.

We're celebrating "Shine Bright Day" a fun chance for students to light up the school with neon outfits, sparkles, glitter, and all the brightest colours you can find.

Saints News

Basketball was in full swing this week, with teams across all grades competing in both home and away games, as well as tournaments throughout the week. Our student-athletes showed tremendous effort, teamwork, and sportsmanship in every game they played. Their dedication and positive attitudes were on full display, and they did an outstanding job representing our school both on and off the court. We are very proud of all our players for their hard work and commitment.

Basketball continues for Grades 4–7, with teams practicing and competing throughout the season. Please check the school calendar for upcoming practice and game times

Join Our Lunchtime Supervision Team!

We're still looking for awesome parent volunteers to help make lunchtime a safe, happy, and fun part of the day for our students! Lunch runs daily from 11:55am to 1:05pm. If you're interested, please contact our Lunch Supervision Coordinator, Jaime Gusto, at supervision@shsdelta.org.





Personal Items at Recess

With the start of the New Year, we would like to remind parents and students that personal items are not permitted outside at recess, in accordance with school protocol. Students are not permitted to bring outside personal items, such as trading cards, sports equipment, small trinkets such as ducks, and other toys or collectibles onto the playground, unless they have permission or supervision from their classroom teacher. Students who would like to use specific equipment for recess, such as footballs, soccer balls, wall balls, etc., can ask their classroom teachers or the school administration.



Open House / Celebrate our School January 29 5:30pm - 8pm

**Put away the pots and pans and join us for a pasta dinner from 5:30–7:00 p.m.
(extended time!) Followed by dancing and fun until 8:00 p.m.**

Families with an existing Sacred Heart School MunchaLunch account can order their pasta dinner through the Fundraising section on the [MunchaLunch](#) website.

Families without a MunchaLunch account are asked to complete the Pasta Dinner RSVP [Form](#).

Please note that both RSVP options are due by Friday, January 23 at 9:00 a.m.

New menu this year

- Buttered Noodles
- Bolognese Sauce
- Mac & Cheese
- Caesar Salad
- Buns & Butter

Check out our spirit wear table for sizing and purchase your favorite items!



Sacred Heart Parish

News And Updates



Sacred Heartbeats Children's Choir

All children in grades 2-7 from the parish are welcome! We practice on Thursday's from 3:15 to 4:15pm in the church. Please contact Lisa Wiechers at lwiechers@shsdelta.org for more information.

Liturgy of the Word with Children

There is no LWC this weekend.
Our volunteers will return next Sunday, Jan 25th

