



January 29, 2021

Dear Sacred Heart Families,

I have spent the past few weeks speaking with a fundraising committee member of another school in the CISVA who is planning a virtual event similar to our November event. As we talk about how the school pulled off the event in a little over a month, a common theme keeps coming up throughout our discussions. We have a fantastic, supportive community. As a parent I was grateful for the hard work of the Sacred Heart Staff who did so much to support my children, as a teacher I am grateful for your support as we work together to help your child be the best version of themselves, as God has intended.

God Bless,  
Kelly Kozack  
Principal

**Student Progress Reports:** Student Progress Reports were emailed home today. Please note that the attendance record is a record of attendance from September 8th, up to, and inclusive of January 19, 2021.

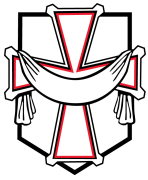
**Valentine's Day:** Valentine's Day will be here before we know it. Out of an abundance of caution, we ask that you do not send anything to school with your child to be shared with others in our community, including cards.

**No School February 11 & 12:** These are pro-d days leading into the Family Day long weekend.

**Parish Education Committee – Call Out for New Members!-** The Parish Education Committee (PEC) is seeking new members to join the committee for this school year.

The PEC is composed of our pastor, our principal and parents, who, together, provide direction for Sacred Heart School. We meet once a month to discuss school matters and work with various sub-committees that support the school (Fundraising, Marketing, Communications, Finance, Parent Participation and other initiatives and activities).

Serving on the PEC is a great opportunity to learn more about Sacred Heart and its programs while using your experience and expertise to ensure a successful future for the school. Your participation in the PEC fulfills your family's annual Parent Participation hours requirement. We encourage parents who are Catholics in good standing and members of the parish to consider joining the PEC.



## SACRED HEART SCHOOL

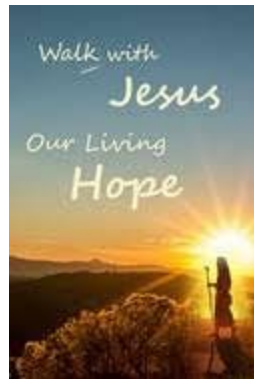
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Box 10, 3900 Arthur Drive, Delta, BC V4K 3N5  
(604) 946-2611, <https://shsdelta.ca>

Please email Tim Dumas, PEC Chair at [tim.dumas@jaks.com](mailto:tim.dumas@jaks.com) , or Ellen Fairn, PEC Parish Liaison at [ellen@modern-line.ca](mailto:ellen@modern-line.ca) if you are interested.

Please see the separate attachments.

**Parish News:** Please see the bulletin from the Parish.





#### **Rationale**

CISVA Policies and Procedures exist for Education Committees to function effectively. The effectiveness of our Catholic schools is strengthened by clergy and lay people working together with faith and commitment for the education of our young people. It is very important, therefore, that those who accept the call to serve on an Education Committee understand the expectations of office and conduct themselves in a way that will foster collaboration and Christian community and put into practice the philosophy of Catholic education as promulgated by the Roman Catholic Bishops of British Columbia.

#### **Policy**

When parishioners allow their name to stand for election or appointment to a Parish or Regional Education Committee (PEC or REC), they are agreeing to adhere to the responsibilities and expectations of a Committee member and CISVA Policies and Procedures. They must conduct themselves in a way that will foster collaboration and Christian community and put into practice the philosophy of Catholic education as promulgated by the Catholic Bishops of British Columbia.<sup>1</sup>

#### **Procedure**

Education Committee members are expected to accept the following responsibilities and commitments:

##### **1. Agency**

- 1.1 Acknowledge that Catholic schools function within the structure of the Catholic Church and are an expression of its mission.
- 1.2 Understand that the Catholic school that they are called to serve functions within the structure of the Catholic Independent School Vancouver Archdiocese (CISVA).
- 1.3 Understand that the role of the Education Committee is to implement policies and decisions of the CISVA Board of Directors.
- 1.4 Commit to becoming more knowledgeable of CISVA Policies and endeavour to become more knowledgeable about Catholic education, its mission, and educational and religious goals.
- 1.5 Promote Catholic education, its values and benefits to the community.

##### **2. Authority**

- 2.1 Develop local policies in collaboration with the Principal and Pastor. Local policies must not supersede provincial or federal legislation or CISVA policy.
- 2.2 Participate in long-term planning in consultation with school stakeholders: Pastor, Principal, parents. Examples include, financial and capital plans and strategic plans.
- 2.3 Ensure the safe and orderly operation of the school in the following areas: collection of fees, payment of operating expenses, facilities, maintenance, parent participation, etc.

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<sup>1</sup> Catholic Bishops of British Columbia, Pastoral Letter of Catholic Education, (4 November 2016).



2.4 Assume other duties as are assigned to Education Committees from time to time by CISVA.

**3. Administrative Relationships**

3.1 Support and recognize the Principal as the educational leader and chief administrator in the school.

3.2 Work in harmony with the Pastor and parish organizations.

3.3 Understand that in matters that affect the Catholicity of the schools, the approval of the Pastor/Archbishop's Representative is required.

3.4 If in the carrying out of their responsibilities the Pastor/Archbishop's representative and the Education Committee come to an impasse they cannot resolve they may appeal to the Board of Directors of CISVA.

3.5 Pray for other members of the Committee, Catholic schools and the communities they serve.

**4. Conduct and Confidentiality**

4.1 Committee members will demonstrate collegiality and respect for one another. The opinions expressed and perspectives given must be conducted in a manner that is always respectful and courteous

4.2 Attend regular, extraordinary and sub-committee meetings and participate in discussion and decisions to the best of their ability.

4.3 Be fully and thoroughly prepared for each meeting by completing the required committee work or reports.

4.4 Share and utilize their knowledge and experience for the betterment of the committee's work and the school as a whole.

4.5 Actively support the principle of collegiality in the decisions taken as a committee and ensure support of these decisions in one's conduct and example both within and outside the committee.

4.6 Be open to stand for election to the executive of their Committee and act as a member of a sub-committee as elected and/or assigned.

4.7 Recognize that they do not officially represent the Committee unless explicitly authorized to do so by both the Chair and the Pastor.

4.8 Ensure confidentiality of all matters dealt with in confidence and in camera.



4.9 Disqualify themselves from discussion and voting on issues where there may be a conflict of interest.

**5. Finances**

5.1 Recommend to the Superintendent and receive his/her permission before increasing or decreasing enrolment by adding or deleting the number of classes or grades. The Superintendent must seek approval of the Board of Directors when the decision could impact other schools or have implication for future capital costs.

5.2 Prepare the budget for the operation and maintenance of the school. Such a budget requires approval of the Pastor/Archbishop's Representative.

5.3 Ensure that proper books and financial records are kept for the purposes of claiming government grants and issuing tax receipts. The Education Committee will complete and submit reports and other documents as may be required by the Board of Directors or the Superintendent.

**6. Personnel**

6.1 Ensure adherence to CISVA Policy 306 in relation to hiring of school personnel and Policy 304 in cases on non-renewal of school personnel.

**7. Removal from Office**

7.1 A member of an Education Committee who ceases to fulfill those conditions of eligibility to hold office, which pertain to membership in the parish or practice of the faith, or who at any time falls into one of the exceptions defined in Policy 107 – Education Committee Elections (see section 1.4, “Procedures before Elections, Eligible for Nominations”) automatically ceases to be a member.

7.2 A member of an Education Committee may be removed from office for conduct unbecoming a member and/or for action contrary to the spirit of the philosophy of Catholic education as promulgated by the Catholic Bishops of British Columbia.<sup>2</sup>

Such a decision by an Education Committee requires a two-thirds majority vote of the Committee. A member so removed may appeal to the Board of Directors of CISVA.

7.3 A member of an Education Committee, after missing three (3) consecutive monthly meetings, may be removed from office by a two-thirds majority vote of the Committee.

7.4 CISVA reserves the right to remove Education Committee members for just cause.

7.5 Loss of membership on an Education Committee automatically will result in the loss of any membership and offices in the Catholic Independent Schools of Vancouver Archdiocese.

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<sup>2</sup> Catholic Bishops of British Columbia, Pastoral Letter of Catholic Education, (4 November 2016).



7.6 Dismissed members are not entitled to membership for positions in CISVA but shall not be entitled to apply or be nominated for a position on the Education Committee from which he/she was dismissed.

|  |  |
|--|--|
| <b>Reference</b><br><br><b>Cross-reference</b><br>Policy 108 – Education Committee Meetings<br>Policy 111 – Education Committee Term of Office | <b>Approved</b><br>Board of Directors                |
|  | <b>Date</b><br>Pre - 1996                            |
|  | <b>Date(s) Revised</b><br>5 July 2016<br>5 June 2018 |

**NOMINATION FORM**

To nominate or be nominated a parishioner must meet the following eligibility pre-requisites:

**ELIGIBLE TO NOMINATE:** All persons eligible to hold office

**ELIGIBLE FOR NOMINATION (HOLD OFFICE):**

Those eligible to hold office as a member of a parish education committee or represent the parish on a regional education committee are practising Catholics, approved by the Pastor, who are eligible to vote in that parish and have reached the age of twenty-one (21), with the following exceptions:

- i. teachers and principal of the school;
- ii. past employees of the school until three full calendar years have passed since the termination of employment;
- iii. employees of the parish and/or school;
- iv. spouses, children, parents, brothers and sisters of persons covered in above;
- v. all other teachers/principals employed by CISVA.

\*\*\*\*\*

**CANDIDATE NOMINATED:** \_\_\_\_\_

I hereby agree to stand for election to the Education Committee of \_\_\_\_\_  
\_\_\_\_\_ School and confirm that I am eligible for nomination.

*I also agree to attend the Education Committee Workshop that is held in the Fall.*

Signed: \_\_\_\_\_

**PASTORS AUTHORIZATION:** \_\_\_\_\_

The above-named candidate has been nominated by the two undersigned nominators who confirm that they are eligible to nominate:

|            |           |
|------------|-----------|
| PRINT NAME | SIGNATURE |
|------------|-----------|

|            |           |
|------------|-----------|
| PRINT NAME | SIGNATURE |
|------------|-----------|

This nomination form received by \_\_\_\_\_ representing the Nominating  
Committee of \_\_\_\_\_ School.

|        |      |
|--------|------|
| Signed | Date |
|--------|------|

**IMPORTANT NOTE:** This form must be received by a representative of the Nominating Committee no later than 7 days before the election date.

## EXPECTATIONS FOR MEMBERS OF CISVA EDUCATION COMMITTEES

The effectiveness of our Catholic schools is strengthened by clergy and lay people working together with faith and commitment for the education of our young people. It is very important, therefore, that those who accept the call to serve on education committees understand the expectations of office and conduct themselves in a way that will foster collaboration and Christian community and put into practice the philosophy of Catholic education as promulgated by the British Columbia Bishops.

Members of CISVA Education Committees, according to Policy Manual, **are expected to:**

- Acknowledge that Catholic schools function within the structure of the Catholic Church and are an expression of its mission.
- Endeavor to become more knowledgeable about Catholic education, its mission, and educational and religious goals.
- Promote Catholic education, its values and benefits to the community.
- Attend regular, extraordinary and sub-committee meetings and participate in discussion and decisions to the best of their ability.
- Be fully and thoroughly prepared for each meeting by completing the required committee work or reports.
- Share and utilize their knowledge and experience for the betterment of the Committee's work and the school as a whole.
- Be loyal and supportive of Committee decisions.
- Be open to stand for election to the executive of their committee and act as a member of a sub-committee as elected and/or assigned.
- Recognize that they do not officially represent the Committee unless explicitly authorized to do so.
- Ensure confidentiality of all matters dealt 'in confidence'.
- Disqualify themselves from discussion and voting on issues where there is a conflict of interest.
- Support and recognize the principal as chief administrator in the school.
- Work in harmony with the Pastor and parish organizations.
- Pray for other members of the Committee, Catholic schools and the communities they serve.

I have read the above expectations and agree to abide by these expectations if I am elected to the Education Committee.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_



# Sacred Heart Catholic Church



3900 Arthur Drive, P. O. Box 10  
Delta, B.C. V4K 3N5 Telephone: 604-946-4522  
Email: [sacredheartparish@shsdelta.org](mailto:sacredheartparish@shsdelta.org)

Parish Website: [www.sacredheartparish.ca](http://www.sacredheartparish.ca)  
Roman Catholic Archdiocese of Vancouver  
604-683-0281 Website: <https://rcav.org/>

## Augustinian Friars in the Parish:

Fr. Francis Galvan, OSA – Pastor  
Fr. Michael Martell OSA

The Archbishop of Vancouver, following the Provincial Health Order from Dr. Bonnie Henry, directs that all Masses, whether Sunday or weekday, beginning on Friday, November 20th and until further notice, are to be offered without public congregation.

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Our in-person drive through Sunday Adoration is cancelled until further notice.

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Individual Confessions Saturday from 10am-11am in the Chapel.

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Live streaming of Mass on YouTube, Saturdays at 6pm.

## Search:

Sacred Heart Parish *you* Delta

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Chapel is open daily from 10am to 4pm for private prayer. (Except Sundays and holidays)

**Baptisms:** Please contact parish office for more information.

## PARISH CONTACTS

|                              |                                    |                   |
|------------------------------|------------------------------------|-------------------|
| Doug Lynes                   | Parish Financial Manager           | 940-0583          |
| Barry Marshall               | Maintenance/Rentals                | 319-4740          |
| John Barker                  | Choir Director/Music               | 943-7558          |
| Erin Seddon                  | Religious Ed. (PREP)               | 946-2618          |
| Kelly Kozack<br>Brandy Grund | School Principal<br>Vice-Principal | 946-2611          |
| Mylene Lock                  | Lil Saints Preschool               | 946-4525          |
| Martin Grund                 | Youth Ministry (Gr 8+)             | magsh@axionet.com |



## Fourth Sunday in Ordinary Time

January 31st, 2021

**Be quiet! Jesus said to the unclean spirit.**

**Mark 1.21-28**

**Sunday Focus:** Those who witness Jesus' authority and healing power are amazed. In today's Gospel account of Jesus entering Capernaum, those who heard his teaching and witnessed him drive out an unclean spirit are astonished. Their amazement is due to the authority of Christ, who is God himself. Are we, too, in awe at the work of God in our lives? **LITURGY OF THE WORD** Moses tells the people that God will raise up a prophet and put his own words in the prophet's mouth. This prophet will speak all that God commands him to. Saint Paul encourages the Corinthians to be free from anxieties and be without distraction so that they may be fully devoted to the Lord. In the Gospel, Jesus teaches in a synagogue in Capernaum. As he speaks, and as he drives out an unclean spirit, the crowd is amazed by his authority.

**Pray for our Sick Parishioners on Feb. 11.** We invite you to send in your prayer requests for your family members experiencing illness so that we may pray for them together as a parish community on the **World Day of the Sick, Thursday, Feb. 11.** You may drop them off at the parish office mailbox, email or postal mail them in. (No phone calls please) Fr. Francis will be live-streaming Mass on Facebook that day and will dedicate the Mass to those names. The day coincides with the commemoration of Our Lady of Lourdes.

**Pope's Prayer Intention for February 2021: Violence against women** – We pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded.

**February, 2<sup>nd</sup> is World Day for Consecrated Life:** The purpose of this day is “to help the entire Church to esteem ever more greatly the witness of those persons who have chosen to follow Christ by means of the practice of the evangelical counsels” as well as “to be a suitable occasion for consecrated persons to renew the commitment and rekindle the fervour which should inspire their offering of themselves to the Lord” (Saint John Paul II, 1997)

*We pray for those consecrated to God by the vows of chastity, poverty and obedience that they may seek to live their baptismal promises more intensely and have the grace to persevere in their commitment to the Lord and serve with open hearts and willing spirits. Amen*

**1<sup>st</sup> Communion Online Parent Meeting #1**

Feb. 3<sup>rd</sup> 7-8:30pm, This is the 1<sup>st</sup> in a series of 3 meetings to help equip and support parents in their role as the primary teacher of the Faith to their children. Over the course of these 3 meetings, we will watch and discuss Bishop Barron's series entitled: “The Mass”. Please continue to pray for the children of our parish preparing for their 1<sup>st</sup> Holy Communion and for their families. Questions? Contact Erin Seddon (604) 946-2618 or [eseddon@shsdelta.org](mailto:eseddon@shsdelta.org)

**Online PREP Classes** take place Tuesdays-Newcomers are welcome to participate in our PREP Online Classes (K-Gr 7). To learn more, contact: Erin Seddon, PREP Coordinator: [eseddon@shsdelta.org](mailto:eseddon@shsdelta.org) or (604) 946-2618.

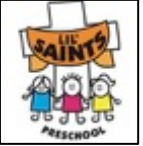


**Second Collection** The BC Catholic Newspaper Collection will take place this coming **Sunday, Feb 7th**. This annual collection helps offset the parish's cost of sending the newspaper to parishioner's homes. If you already receive the newspaper (or desire to sign up) and want to switch to an **environmentally and COVID friendly digital copy** please let us know by email, phone or indicate that on your donation envelope. A suggested donation amount is \$20.00/year

All women of the parish are invited to a zoom meeting on **Monday, February 1<sup>st</sup> at 7.00pm**. We have a fun evening planned, where we will get to know each other a little better - led by Marlyn. Contact Lynne Willox for the ZOOM link or for more information (604) 789-2912. [saintmonicaguild@shsdelta.org](mailto:saintmonicaguild@shsdelta.org)



**Our Lil' Saints Preschool** is now accepting registrations for the school year 2021-2022. Registration package is available online: [lilsaintspreschool.org](http://lilsaintspreschool.org)



Call Mylene Lock at 604-551-0827 or email: [lil'saintspreschool@shsdelta.org](mailto:lil'saintspreschool@shsdelta.org) if you need more information.

Lil' Saints preschool is looking for an assistant teacher for one of our classrooms. ECE or ECEA certified preferred. We offer competitive salaries for qualified candidates. Call Mylene Lock at 604-551-0827 or email: [lil'saintspreschool@shsdelta.org](mailto:lil'saintspreschool@shsdelta.org) for more information.

**SUNDAY COLLECTION REPORT**  
**Year to date up to Jan 10th, 2021**

|              | <u>Actual</u> | <u>Target</u> | <u>Variance</u> |
|--------------|---------------|---------------|-----------------|
| Year to Date | \$13,248      | \$23,970      | -\$10,722       |

**Our pastoral staff would like to thank everyone for their continued prayers and support for our parish community.** Your support has been and will continue to be important to our parish during this difficult time. If you wish at this time to make a donation, please use one of the following methods.

- 1) Secure mailbox in front of Monastery.
- 2) Mail to Parish: **PO BOX 10 Stn. Main, Delta B.C. V4K 3N5**
- 3) Join our PAP program by calling or emailing the office.
- 4) If you are unable to drop off or mail in your donation please call the parish office and we can make arrangements to have it picked up.

**2021 Donation Envelopes** – Due to COVID and the cancellation of Masses we are asking parishioners to please pick up their offertory envelopes this year from either the front of the Monastery or Chapel area. There will be boxes available 7 days a week. If you are unable to get here please call the parish office and we can arrange to get the box to you. Thank you for your ongoing financial contributions to the parish.

**Needed: Bikes in good condition for our Migrant Workers.**

If you have a bicycle to donate please call the parish office and we can arrange for pick up or drop off. 604-946-4522 Ext 100. Thank you for your generosity.



*"Brothers and sisters: I should like you to be free of anxieties."- 1 Corinthians 7:32*

How much anxiety do we bring upon ourselves by constantly worrying about not having enough or attaining more things? God won't necessarily give you everything you want, but He will provide everything you need. Try this – use the word "pray" instead of the word "worry" in the future. Then pray for things instead of worrying about them. *Copyright © 2021 Archdiocese of St. Louis*

**The Worldwide Marriage Encounter** virtual weekend experience is coming to you! February 26-28, 2020 If you desire to restore communication & rekindle romance, this weekend is for you; no travel required and from the comfort of your own home. Click here for registration: <https://beholdvancouver.org/events/virtual-worldwide-marriage-encounter-5> -

**St. John Paul II Academy Information Evening** - All those interested in finding out more about our newest CISVA high school in the Archdiocese of Vancouver are invited to attend the following Virtual Information Evening – Feb. 18<sup>th</sup> at 6:30 pm. This is a wonderful opportunity for parents, students, and other interested parties to see and hear what is happening at St. John Paul II Academy. Please rsvp: [skelly@sjp2academy.com](mailto:skelly@sjp2academy.com); T: 604.560.8210 or visit our website: [www.sjp2academy.com](http://www.sjp2academy.com) for more information.

**World Day of the Sick Mass**

Each year on February 11, the Catholic Church marks the World Day of the Sick. This is a time to offer prayers for those who suffer from illness and for their caregivers. **Archbishop Miller will celebrate Mass for the sick on Friday, Feb 12** at 12:10 pm from Holy Rosary Cathedral. Join the live stream at [holyroscarycathedral.org/live-stream](http://holyroscarycathedral.org/live-stream)

**The Sanctuary Course for Catholics**

One in four people will be affected by a mental health problem at some point in their lives, yet the stigma surrounding mental illness silences many and prevents faith communities from responding compassionately and effectively. This eight-session course—designed for use in small groups—explores the realities of mental health and illness, as well as the vital need for faith-based community conversations about these topics. The sessions are accompanied by compelling films that feature the stories of Catholics living with mental health challenges, along with the insights of archbishops, theologians, and psychologists including Archbishop J. Michael Miller, CSB. The Sanctuary Course for Catholics is launching on FORMED in January 2021. FORMED is a technology platform for the delivery of award-winning Catholic content, children's programming, audio talks, e-books and more, attracting over 1,000,000 users across 5,500 parish communities. Learn more, sign up, and find The Sanctuary Course for Catholics at [formed.org](http://formed.org)

**Fr. Jim Nisbet Catholic Bible Seminar**

Fr. Jim Nisbet, the renowned Bible scholar and international speaker, will be hosting an online presentation on the Second Letter to Timothy and the Gospel of Mark. As a bonus, Fr. Jim will hold a lenten three-day retreat: on Friday, Feb. 19 from 7:00 to 9:00 pm as well as Saturday and Sunday, Feb. 20 and 21 from 9:00 am to 4:00 pm with breaks. Please pre-register for \$75 per person. For more information visit [beholdvancouver.org](http://beholdvancouver.org) or send an email to [biblestudies@shaw.ca](mailto:biblestudies@shaw.ca).

**Deus Caritas Est - God is Love Women's Faith Study**

In his first encyclical, God Is Love, promulgated on Christmas Day, 2005, Benedict XVI expounds on the reality of love. He knows that the word "love" has been distorted and its meaning tarnished – and this letter calls us back to the foundational truths about love. This 8-week faith study is an opportunity to come to a deeper understanding of what it means to be loved by God, and how God's love is present in the concrete reality of our daily lives. Join us for this wonderful opportunity to meet other Catholic women, grow in fellowship and friendship, and go deeper in your relationship with God. There are two separate offerings for this study:

Thursday mornings beginning Feb. 4 at 11:00 am – 12:30 pm OR Thursday evenings at 7:00 pm - 8:30 pm. Both sessions will take place online over Zoom. Register online at [beholdvancouver.org/events](http://beholdvancouver.org/events)

**Pope at Audience: The Bible, the place where God meets man - Continuing his catechesis on prayer at the Wednesday General Audience, Pope Francis reflects on the importance of the Sacred Scriptures in the life of prayer, saying it was written for each one of us.**

“The words of the Sacred Scripture were not written to remain imprisoned on papyrus, parchment or paper, but to be received by a person who prays, making them blossom in his or her heart.” Those were Pope Francis’ words during his Catechesis at his Wednesday General Audience.

### **Bible written for each one of us**

Reflecting this week on prayer that accompanies the reading of Sacred Scripture, the Pope underlined that the Bible was written for every one of us individually, to bring us “a word of God.”

This experience, he said, happens to all believers. A passage from the Scripture, heard many times already, unexpectedly will speak to a person one day, and enlighten a situation that they are living, offering fresh insights and often challenging our habitual way of thinking about and seeing the world.

However, the Pope stressed that it was necessary “that I, that day, be present for that appointment with that Word,” in order for it to sow a seed “in the soil of our lives.”

### **Christians as tabernacles**

Pope Francis noted, “Through prayer a new incarnation of the Word takes place. And we are the ‘tabernacles’ where the words of God want to be welcomed and preserved, so that they may visit the world.”

He went on to say, “The believer does not turn to the Holy Scriptures to support his or her own philosophical and moral view, but because he or she hopes for an encounter; the believer knows that they were written in the Holy Spirit.”

It is a grace, said the Pope, “to be able to recognize oneself in this passage or that character, in this or that situation.”

In off-the-cuff remarks, Pope Francis said that it irritated him “to hear Christians reciting Bible verses ‘like parrots’.” He went to say that it was important to encounter the Lord with the heart and not just to recite a verse from memory.

### **Lectio divina**

Pope Francis went on to describe how the Christian tradition is rich in experiences and reflections on prayer with the Sacred Scripture.

In particular, he observed, “the method of ‘*Lectio divina*’ has been established; it originated in monastic circles, but is now also practised by Christians who frequent their parishes.”

“One then enters into dialogue with Scripture,” said Pope Francis, “so that those words become a cause for meditation and prayer,” while also asking what it “says to me”.

The last step of *Lectio divina*, explained the Pope, is contemplation. “Words and thoughts give way here to love.”

“The biblical text remains, but like a mirror, like an icon to be contemplated,” he said.

Concluding his Catechesis, the Pope emphasized that “Through prayer, the Word of God comes to abide in us and we abide in it.”

### **The Word a source of peace**

“The Word inspires good intentions and sustains action,” he said.

It becomes an inexhaustible source of peace, wisdom and strength as we grow in faith and give it concrete expression in charity and service of others.

Click here to watch the General Audience with the Pope Jan 27, 2021.

<https://www.vaticannews.va/en/pope/news/2021-01/pope-at-audience-the-bible-the-place-where-god-meets-man.html>