



Uniform Policy

All children are expected to wear the Sacred Heart School uniform when attending school or when participating in school-sponsored events outside normal school hours. The school uniform promotes a sense of school pride, a sense of community and belonging towards the school. Wearing a uniform, also creates a sense of equality among peers in terms of appearance and provides the opportunity for students to feel respect for themselves and others because of their positive image. When creating a respectful self-image, the importance lies not only in *what* they wear, but also in *how* they wear their clothing. Shirts are expected to be tucked in at all times. Cardigans, vests, and sweaters, while not required to be worn at all times, must be at school every day and worn to all assemblies, Masses and school photos, etc. We ask all parents who send their children to Sacred Heart School to support the uniform policy. School uniforms must be purchased from the uniform supplier, Top Marks. Orders are placed online at www.topmarks.ca (online ordering code: SHD02). Parents are responsible for ensuring that their child wears the correct uniform and that it is clean and in good repair. Please ensure that all of your child's uniforms are clearly labeled with their name.

School Uniform

Girls (K-Grade 3)

White "Sacred Heart" crested short sleeve or long sleeve polo

Navy Blue "Sacred Heart" crested cardigan or navy pullover

Plaid tunic (no more than 7.5 cm above the knee)

Navy pants

Navy walking shorts (Spring Break to October 31)

Navy knee-high socks or tights

Navy or black shoes with a closed heel and toe, no coloured stripes or coloured logos permitted, heels no higher than 3.5 cm

Girls (Grades 4-7)

White "Sacred Heart" crested short sleeve or long sleeve polo

Navy Blue "Sacred Heart" crested cardigan or navy pullover (grades 4-6)

Navy "Sacred Heart" crested fleece vest (grade 7)

Plaid kilt (no more than 7.5 cm above the knee)

Navy pants

Navy walking shorts (Spring Break to October 31)

Navy knee-high socks or tights

Navy or black shoes with a closed heel and toe, no coloured stripes or coloured logos permitted, heels no higher than 3.5 cm



Boys (K-Grade 3)

White “Sacred Heart” crested short sleeve or long sleeve polo

Navy Blue “Sacred Heart” crested cardigan or pullover

Navy blue pants

Navy blue shorts (Spring Break to October 31)

Navy blue socks

Navy blue or black shoes, no coloured stripes or coloured logos permitted

*Belts must be black or navy blue with a plain buckle

Boys (Grades 4-7)

White “Sacred Heart” crested short sleeve or long sleeve polo

Navy blue “Sacred Heart” crested cardigan or pullover (grades 4-6)

Navy “Sacred Heart” crested fleece vest (grade 7)

Navy blue pants

Navy blue shorts (Spring Break to October 31)

Navy blue socks

Navy blue or black shoes, no coloured stripes or coloured logos permitted

*Belts must be black or navy blue with a plain buckle

Gym Strip (to be worn for all PE classes and school sporting events): White T-shirt with the school crest or Sacred Heart School walk-a-thon t-shirt, red gym shorts with *Sacred Heart Athletics* printed on the leg, non-marking cross-trainer running shoes and a labelled cloth gym bag

Accessories: Plain navy, red or white hair bands, barrettes, elastics and “scrunchies.” For safety reasons, stud earrings only. Other jewellery is limited to a simple chain necklace with a small cross, wristwatch, and medical alert bracelets. Nail polish and makeup are not permitted. If hair dye is used, it should be a “natural” colour - no permanent bleaching please.

Spirit Wear: Spirit Wear is available for sale at Sacred Heart at various times throughout the school year. Spirit wear does not form part of the school uniform, unless otherwise specified.

Non-uniform Days: Throughout the course of the school year we will have a number of non-uniform/spirit days, which typically coincide with hot lunch days. These days are posted on the calendar on the school website and will also be announced in the school newsletter.