

## SACRED HEART SCHOOL

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Phone (604) 946-2611

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Web Site: <https://shsdelta.ca>

**October 9, 2019**

Dear Parents,

Last Wednesday our Cross Country Team took part in the CISVA Cross Country Championships. This competition is truly about team. In order for a team to be competitive there must be four entries at every grade level; we had more than enough children to fill all of the spots. Thank you students for being part of a team and for running rain or shine. It is my hope that many of our children have developed a love for running and will become life-long runners. We celebrate "Thanksgiving" on Monday, October 13th. There will be no school, as we spend time with loved ones giving thanks for all of our many blessings.

God Bless,  
Kelly Kozack

**Picture Day Tomorrow:** After Picture Day, order your pictures on [mylifetouch.ca](http://mylifetouch.ca) using your Portrait ID and Access Code which can be found on your Picture Day order form. The form will come home after pictures are taken.

We are still looking for a few more volunteers for the afternoon shifts left from 12:30 - 2:00 PM. Please contact [jordan\\_kinghorn@hotmail.com](mailto:jordan_kinghorn@hotmail.com).

**Letter From the Archbishop:** Please see the important letter below from Archbishop Miller.

**St. John Paul II Academy Information Evenings:** All those interested in our newest CISVA high school in the Archdiocese of Vancouver are invited to attend one of the following Information Evenings - Oct. 23rd & Nov. 20th at 6:30 pm at St. John Paul II Academy located at 15262 Pacific Ave In White Rock. This is a wonderful opportunity for parents, students, and other interested parties to see and hear what is happening at St. John Paul II Academy. Please rsvp: skelly @[sjp2academy.com](mailto:sjp2academy.com); T:604.560.8210 or visit our website: [www.sjp2academy.com](http://www.sjp2academy.com) for more information."

**Volunteer Call for Class Projects:** One of our newest parents has found herself in the uncomfortable position of having to lead all the grades in 16 projects and she can't do it all! Class projects are a unique project to each class which are completed within the next month and available for auction at the DDA. Please email Deb at [glanvilledeborah@gmail.com](mailto:glanvilledeborah@gmail.com)

**Carpooling:** There are a number of families in need of carpooling. If you think you can help with driving or would like to connect with others to arrange a carpool, please sign up. There is a carpool binder at the front lobby of the school. Thank you.

**Crosswalk Volunteers Needed:** Although some parents volunteered for this important position, more parents are needed to help keep our students safe by directing traffic at the school entrance and Parish Centre. This is a convenient way to get parent hours because you can arrive at school a little early or stay a little later after school to ensure the safety of families at Sacred Heart. The commitment would involve arriving at the school for 8:20 and direct traffic until 8:50. Alternatively, you can arrive at school for 2:50 and direct traffic until 3:20. Each time you volunteer, it will count for an hour toward your volunteer hours. Interested parents, please contact Brandy Grund at [bgrund@shsdelta.org](mailto:bgrund@shsdelta.org).

**Graphic Design Work Needed:** If you have some professional graphic design expertise and are able to put forward a couple of volunteer hours to help our fundraising efforts, please contact Todd Stewardson at [t.d.s@telus.net](mailto:t.d.s@telus.net).

**Sacred Heart Christmas Market:** We are looking for donations for the annual Christmas Market. To see what we are accepting please have a look at the attachment. Thank you.

**HeartBeats Choir:** We are in need of a pianist to accompany our choir, especially for Christmas. If you are able to accompany a choir and are free Thursday afternoons or if you know of someone who could help, please contact Madame Wiechers at [lwiechers@shsdelta.org](mailto:lwiechers@shsdelta.org)

**Missions Club:** Our coin drive is continuing until Friday October 11th in honor of the Feast of St. Francis of Assisi. All proceeds go to [Chalice](#). Thank you for your donations.

**Positive Discipline Parent Workshop:** Sarah Joseph, a registered social worker, is presenting a Positive Discipline parent workshop on Saturday, October 19th from 8:30 am to 4:00 pm at Sacred Heart School. Positive Discipline is a program to teach children and youth how to become responsible, respectful and resourceful members of their communities. The cost of the workshop is \$25. A snack and lunch will be provided.

**Family Potluck:** The next family potluck will be held on October 13! Let's continue to build our community! All families welcome. Please join us on the second Sunday of each month after 5PM Mass for a simple potluck dinner. Bring a main dish, salad or appetizer to share. The parish centre will be open at 4:50pm if you need to drop off items before Mass. Please contact [timestepdumas@gmail.com](mailto:timestepdumas@gmail.com) if you have any questions.

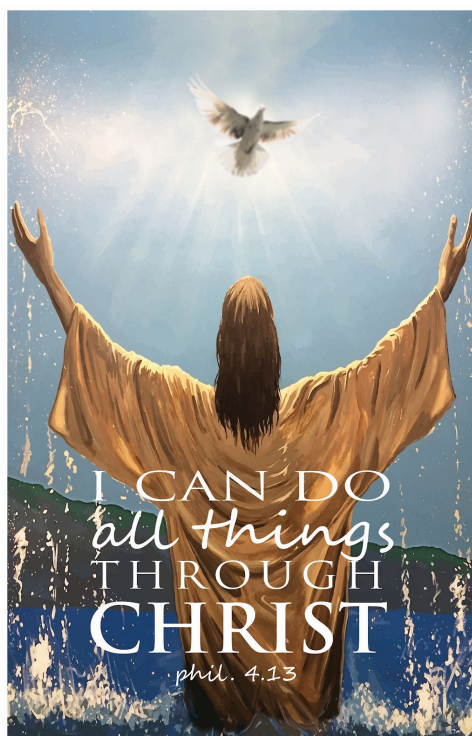
**October Hot Lunch:** Hot lunch for October is now open for ordering, orders must be placed by Wednesday, October 23 and be paid in full.

**Useful Contacts**

School office: [office@shsdeltat.org](mailto:office@shsdeltat.org)

Used uniforms: [getpats@gmail.com](mailto:getpats@gmail.com)

Parent Volunteer Portal: [jordan\\_kinghorn@hotmail.com](mailto:jordan_kinghorn@hotmail.com)





Archdiocese of Vancouver  
ARCHBISHOP'S OFFICE

Our Lady of the Rosary  
October 7, 2019

Dear Brothers and Sisters in Christ:

On Oct. 21, Canadians have an opportunity to choose the political leadership of their country. In doing so, they will play a vital role in shaping the direction of Canada over the next several years.

I want to impress on Catholics the importance of casting their ballot on Election Day. Voting is more than an act of civic participation. It is a serious responsibility that lets us bring our Christian values to the ballot box in the hope of positively influencing Canadian society.

It is noteworthy that at this time, civic affairs committees have begun to form in a number of parishes in the Archdiocese of Vancouver, as well as in other Christian churches. These non-partisan groups are aimed at educating the faithful and mobilizing them to play an active role in public life.

Providentially, a similar initiative is taking place in the Archdiocese of Toronto, which in the interest of encouraging civic engagement also held an all-party Catholic political debate that was a tremendous success.

These initiatives are coming about because Church leaders in Canada are concerned about the lack of political participation by Catholics. According to Angus Reid, the percentage of practising Catholics who voted in the 2015 election was lower than that of non-church goers.

Whether due to apathy or discouragement, it is disappointing that so many Catholics are refraining from voting.

The right to vote every four years is not something to take lightly. At one time the Christian faith was a bedrock of Canadian society and public life. Those days are gone, and it is increasingly difficult to secure a hearing in public discourse for the views of Catholics.



It is critical that Christians do not retreat from civic participation, whether on Election Day, or during the coming months and years as the next government implements its priorities. Now it is more important than ever that our voice is heard in the public square and we are involved in our political system.

The social doctrine of the Church affirms that politics is one of the highest forms of charity because it serves the common good. According to the Catechism of the Catholic Church, it is “morally obligatory ... to exercise the right to vote.”

I urge all Catholics to take part in this act of charity for neighbour and country by making an informed decision at the polls October 21 based on their prayerful discernment. To assist you, a number of resources are available on our website at [rcav.org/election2019](http://rcav.org/election2019).

With the assurance of my prayers, I remain

Sincerely yours in Christ,

A handwritten signature in dark ink that reads "J. Michael Miller CSB". The signature is written in a cursive, flowing style.

✠ J. Michael Miller, CSB  
Archbishop of Vancouver

# Parish News - October 9<sup>th</sup>, 2019



## Thanksgiving Day – October 14<sup>th</sup>

Father in Heaven, Creator of all and source of all goodness and love, please look kindly upon us and receive our heartfelt gratitude in this time of giving thanks.

Thank you for all the graces and blessings. You have bestowed upon us, spiritual and temporal: our faith and religious heritage. Our food and shelter, our health, the loves we have for one another, our family and friends.

Dear Father, in Your infinite generosity, please grant us continued graces and blessing throughout the coming year. Amen.

## *A Blessed and Happy Thanksgiving to All*

Our **family potluck** will be held on **Sunday, Oct 13th** - Let's continue to build our community! All families' welcome! Please join us on the second Sunday of each month after 5pm Mass for a simple potluck dinner. Bring a main dish, salad or appetizer to share. The parish centre will be open at 4:50pm if you need to drop off items before Mass. Please contact [timstephdumas@gmail.com](mailto:timstephdumas@gmail.com) if you have any questions.

**Baptismal Prep Class** will be held **Wednesday, Oct 16<sup>th</sup>** starting at 7pm. This class is for parents of infants and young children who wish to have their child baptized into the Catholic faith. Pre-registration is required. Please contact the parish office 946-4522.

**Birthday Potluck Luncheon:** Some people reach an age where they want to forget their birthdays. Fr. Frances is not one of those people. With that in mind we will be celebrating his birthday with him on **Sunday, Oct. 27<sup>th</sup>** after the 11:00AM Mass. It will be potluck style and everyone is welcome. Please make sure your food is fully cooked and just needs to be kept warm in the oven or cold in the fridge. You can bring your contribution before Mass to the Parish Hall. Hope to see you at the grand celebration! Thank you Father for giving us a reason to celebrate.

## Migrant Ministry at Sacred Heart Parish

Starting in October we will be collecting **new** socks, toques, gloves, which will help, fill 150 Christmas Bags for the Migrant Workers. A container marked Migrant Workers will be at the back of the Church if you would like to contribute.

With the colder weather approaching we are in need of warm jackets in **good clean condition** (Sizes M and L) for the men. If you have jackets you would like to donate you may leave them also in the container at the back of the Church. For all your help we are very thankful. For more information you may call Lorraine at 604 946 8397

# Sacred Heart Christmas Market

## Urgently Needs Your Generous Donations

*The Sacred Heart Christmas Market is graciously accepting donations.*

*You may drop off your donations in the box marked  
"Christmas Market Donations" located in the church foyer or on the  
stage in the school*

**The Curios and Collectibles Booth** is looking for your donations of China, Crystal, Figurines, etc.

**Kids Corner** is looking for gently used children's books, DVDs, games and puzzles.

**Jewellery:** We are looking for delicately used pieces of jewellery for this stunning and special booth.

**Purses:** We would appreciate gently used purses for our newest booth.

**The Art & Spirituality** corner needs your donations of any religious art including statues, medals, crosses, rosaries, pictures, paintings, cards, bibles, prayer books, books, 1st communion or confirmation items, etc.

**Sandwich Fillings:** donations of canned ham, tuna and mayonnaise would be greatly appreciated.

**Jams, Jellies and Pickles:** If you have been busy canning we would greatly appreciate it if you could put aside a jar or two for our Christmas Market! (Health regulations require that all jars are sealed with lids, not wax).

**The Bootle Booth** is graciously accepting bottles for our bottle booth raffle. Sealed bottles of *any size, shape and content* are welcome.

**Baking Booth:** Hello Bakers! We are looking for your donations of delicious homemade baked goods for our Baking Booth. Please ensure all baking items are in disposable containers and labelled "**Baking Booth**". **Items can be dropped off at the school gym 3-6pm on Friday, Nov 1 or before 9am on Saturday, Nov 2**

**Tea Room:** The renowned Tea Room is looking for cakes & treats suitable to be cut into small squares for the Tea Room. Please ensure all baking items are in disposable containers and labelled "**Tea Room**". **Items can be dropped off at the school gym 3-6pm on Friday, Nov 1 or before 9am on Saturday, Nov 2**

**Cake Walk:** The famous cake walk is back for another year! We need single layered decorated cakes for this fun game. Please ensure all cakes are in disposable containers and labelled "**Cake Walk**". **Cakes can be dropped off at the school gym 3-6pm on Friday, Nov 1 or before 9am on Saturday, Nov 2**

*The ladies of the St. Monica Guild graciously  
thank you for all your generous donations!*

*If you have questions please contact Lynne Willox at*

*604 789-2912*



## Positive Discipline Parent Workshop

Sarah Joseph, a registered social worker, is presenting a Positive Discipline parent workshop on **Saturday, October 19th from 8:30 am to 4:00 pm** at Sacred Heart School. Positive Discipline is a program to teach children and youth how to **become responsible, respectful and resourceful** members of their communities. Positive Discipline teaches important social and life skills in a manner that is deeply respectful and **encouraging** for both children and adults. This workshop will teach strategies to help children to **feel a sense of connection, belonging and significance**. The workshop provides resources to be kind and firm so that there is mutual respect and encouragement even when discipline is needed. Positive Discipline **considers what children are thinking**, feeling, learning and deciding about themselves and what to do in the future to not only survive but especially to thrive. This workshop will teach important social and life skills so that children can **learn to problem solve, cooperate and contribute** to the home, school and larger community. Positive Discipline invites children to discover how capable they are and encourages them to **use personal power and autonomy to make good decisions**. The cost of this workshop is \$25. A snack and lunch will be provided. Please make cheques payable to Sacred Heart School. If you have any allergies, you might consider bringing some food you can eat. If you have questions, please contact Brandy Grund at [bgrund@shsdelta.org](mailto:bgrund@shsdelta.org).

*The first step in learning to regulate our emotions is to feel our experience being validated by others. To feel like we are connected. To feel like someone understands.*



**Saturday, October 19th, 2019**

**8:30 am - 4:00 pm**

**Sacred Heart School**